



(405) 235-0040

www.oklahomaaallergy.com

750 N.E. 13th
3rd Floor

(2 Blocks East of Lincoln Blvd.)
Oklahoma City, Oklahoma 73104-5051

NORTHWEST OFFICE:

Meridian Medical Tower
13321 N. Meridian, Suite 100
Oklahoma City, Oklahoma

NORMAN OFFICE:

Physicians and Surgeons Bldg.
950 North Porter, Suite 102
Norman, Oklahoma

EDMOND OFFICE:

Sycamore Square
120 North Bryant, Suite A4
Edmond, Oklahoma

SPECIALIZING IN THE EVALUATION
AND MANAGEMENT OF
ALLERGIES AND ASTHMA
IN ADULTS AND CHILDREN

John R. Bozalis, MD*

Warren V. Filley, MD*

James R. Clafflin, MD*

Patricia I. Overhulser, MD*

Dean A. Atkinson, MD*

Richard T. Hatch, MD*

Shahan A. Stutes, MD*

Gregory M. Metz, MD*

Karen L. Gregory, CNS

SENIOR CONSULTANTS

Robert S. Ellis, MD*

Charles D. Haunschild, MD*

James H. Wells, MD*

* Diplomate American Board
Allergy and Immunology

Garyl Geist

Chief Operating Officer

Member Institution of

O K L A H O M A

Health
Center

SOME COMMON CAUSES OF URTICARIA (HIVES)

• DRUGS AND CHEMICALS

Latex, salicylates (aspirin) nonsteroidal anti-inflammatory drugs (such as Ibuprofen, Naproxen), opiates, radio-contrast material (IVP dye), penicillin (medication, milk, bleu cheese), antibiotics (sulfa, penicillin, Keflex, etc.), cosmetics, douches, ear or eye drops, insulin, menthol (cigarettes, toothpaste, iced tea, hand cream, lozenges, candy), food additives

• FOODS

Peanut, tree nuts (pecan, walnut), berries, fish, seafood (lobster, shrimp, crab), bananas, grapes, tomatoes, eggs, cheese.

• CONTACTANTS

Wool, silk, substances in the occupational environment.

• COSMETICS

Dyes, hair spray, nail polish, mouthwash, toothpaste, perfumes, hand cream, soap, insect repellent.

• PHYSICAL STIMULI

Dermatographism, sunlight, pressure, heat, cold, water, vibration.

• INHALANTS

Animal dander

• INFECTIONS

Bacterial (stomach ulcers, H. pylori), dental abscess, sinusitis, otitis (ears), cholecystitis (gallbladder), pneumonia, cystitis (bladder), hepatitis (liver), vaginitis.

• FUNGAL

Tinea (ring worm), candida (diaper rash).

• OTHER

Scabies, helminth (worms) protozoa, a trichomonas

• SYSTEMIC DISEASE

Rheumatic fever, juvenile rheumatoid arthritis, leukemia, lymphoma (cancer), collagen vascular disease (lupus)

• ENDOCRINOPATHIES

Menstruation (period), hormones, thyroid problems.